

Is your community prepared for a disaster?

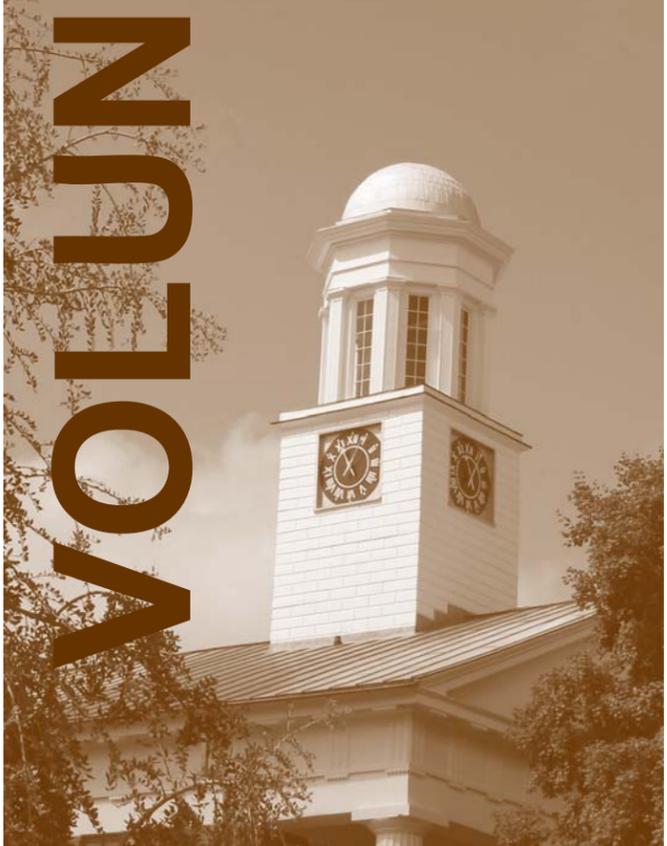


Orange County

Community Emergency Response Team

in your community

VOLUNTEER



Local and federal officials recognize that first responders could be unable to meet service demands after a major disaster while they deal with obstacles like road closures and communication failures. This will leave many residents cut-off from vital emergency services. The Orange County Community Emergency Response Team (CERT) teaches residents how to provide basic emergency response after a disaster when first responders are unavailable. Open this brochure to learn how you can help protect your community.

Join the Orange County CERT Program

Take the Community Preparedness Quiz

- 1) Does your community have a **disaster plan**?
 Yes No
- 2) Do you know **all** or **most** of your neighbors?
 Yes No
- 3) During disasters, is your neighborhood prone to **flooding**, **power outages**, or **topped trees**?
 Yes No

If you answered "No" to questions 1 and 2 and "Yes" to question 3, consider starting a CERT in your neighborhood!

Orange County Photographs by David Hunt

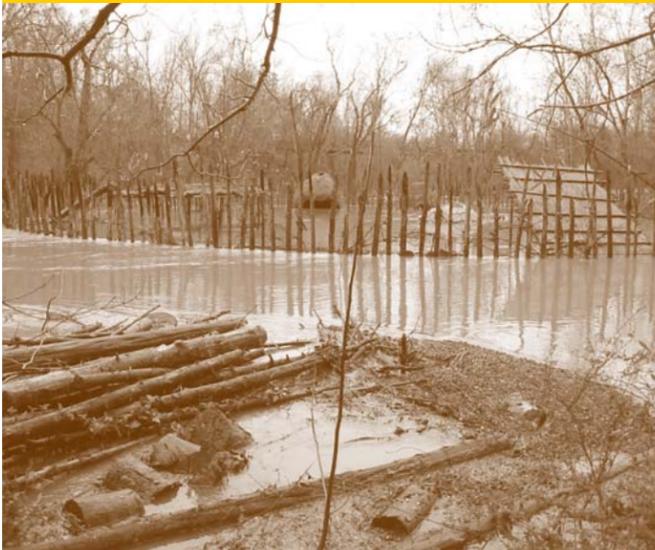


Be ready to help when disaster strikes

Join Orange County CERT

We can't predict the next disaster for Orange County, but we can prepare for it!

The Community Emergency Response Team (CERT) Program teaches participants how to provide basic emergency response services after a disaster. Persons living or working in Orange County can form a CERT to meet critical needs in their neighborhood or workplace when first responders are unavailable. Starting a CERT requires completion of a 5-week training program taught in or near your community by skilled health and safety professionals. All training is **free** and participants receive educational materials and emergency response gear.



Here's What You'll Learn:

Emergency Preparedness

This course will teach you how to prepare yourself, your family, and your neighborhood for natural and man-made disasters. Information on making an emergency plan and disaster supply kit will be provided.

Fire Safety

In this course, a fire safety professional will teach you basic lessons in fire chemistry, hazardous materials, and fire suppression. You'll practice putting out small fires with a portable fire extinguisher.

Emergency Medical Operations I & II

In these two courses, emergency service providers will teach you how to use basic first-aid to treat life threatening conditions. You'll learn triage principles and how to treat airway obstructions, bleeding, and burns.

Light Search and Rescue

This course will teach you how to lead safe search and rescue missions. You'll learn how to search for victims and safely remove victims from a disaster scene.

CERT Organization

This course will show you how to maintain your CERT and document your team's neighborhood response activities.

Disaster Psychology

This course overviews the psychological impact of a disaster on rescuers and victims. You will learn how to provide "psychological first-aid" to support team members and victims without over stressing yourself.

Personal Safety and Property Protection

This course will teach you how to identify and handle personal safety threats when responding to a disaster. This course will also give you useful recommendations for staying safe and healthy when recovering from a disaster.

Animal Care and Protection

This course will teach you how to make a disaster plan for your pets and how to provide basic first aid to injured animals. You will also learn safety precautions to take in an encounter with a wild animal.

Call 919-245-2388 or visit www.co.orange.nc.us/health for more information.

All Training
is **FREE!**