



**ORANGE COUNTY  
HEALTH DEPARTMENT**

Rosemary L. Summers,  
MPH, DrPH  
Health Director

Richard E. Whitted Human  
Services Center  
300 West Tryon Street  
Post Office Box 8181  
Hillsborough, NC 27278  
Phone: (919) 245-2411  
Fax: (919) 644-3007  
[www.co.orange.nc.us/health](http://www.co.orange.nc.us/health)



Central Administrative  
Services

Dental Health Services

Environmental Health Services

Health Promotion and  
Education Services

Personal Health Services



300 West Tryon Street

Hillsborough, NC 27278

PH: (919) 245-2411  
FAX: (919) 644-3007

Quality Assurance/Risk Management Unit

June 12, 2007

Dear Community Member:

The Orange County Health Department and Orange County Emergency Management invite you to join the Community Emergency Response Team (CERT) Program. The CERT program teaches people how to provide basic emergency response services in their neighborhood. After a major disaster, first responders may not be able to meet service demands in every community. Factors like the number of victims, communication failures, and blocked roads may delay emergency response. In a situation like this, community members would have to rely on each other for immediate needs until professional responders arrive.

We want multiple neighborhoods in Orange County to have a CERT. Orange County CERT members receive hands-on training in emergency preparedness, fire safety, light search and rescue, team organization, disaster psychology, personal safety, and animal protection. Training ends with a drill where teams practice newly learned skills. Participants receive educational material and response gear (hard hat, reflective vest, safety whistle, identification badge, and more). After training, teams function as self-sustaining units.

The Los Angeles Fire Department started CERT in 1985 to prepare citizens for earthquakes. The program was so successful that FEMA made it a national program. While Orange County doesn't have a high risk for earthquakes, we do have our share of natural disasters. Hurricanes, ice storms, and flooding have all hit our area. Our county could also be faced with terrorism, chemical emergencies, and disease outbreaks, all of which could delay emergency response services.

Please promote CERT in your community and register for an upcoming training session. A group of 5 or more people can form a team. Individuals are also welcome to register. **There is no registration fee and training materials are provided at no cost.** Our brochure, training calendar, and registration form are enclosed.

If you have any questions please contact Candice Watkins-Robinson at 919-245-2388 or [cwatkins@co.orange.nc.us](mailto:cwatkins@co.orange.nc.us). You can also visit our CERT webpage at [www.co.orange.nc.us/health](http://www.co.orange.nc.us/health) to learn more. Thank you for your time and **we hope to see you in training!**

Sincerely,

*Candice*

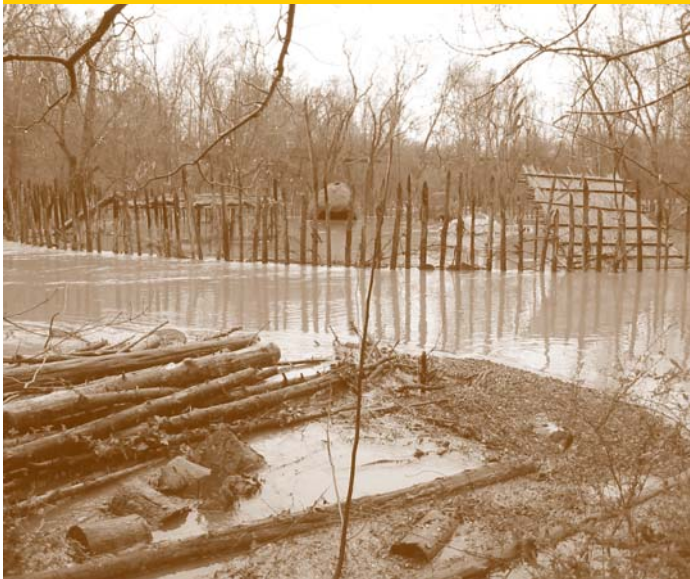
Candice Watkins-Robinson  
Volunteer Coordinator  
Orange County CERT Program

# Be ready to help when disaster strikes

## Join Orange County CERT

**We can't predict the next disaster for Orange County, but we can prepare for it!**

The Community Emergency Response Team (CERT) Program teaches participants how to provide basic emergency response services after a disaster. Persons living or working in Orange County can form a CERT to meet critical needs in their neighborhood or workplace when first responders are unavailable. Starting a CERT requires completion of a 5-week training program taught in or near your community by skilled health and safety professionals. All training is **free** and participants receive educational materials and emergency response gear.



## Here's What You'll Learn:

### Emergency Preparedness

This course will teach you how to prepare yourself, your family, and your neighborhood for natural and man-made disasters. Information on making an emergency plan and disaster supply kit will be provided.

### Fire Safety

In this course, a fire safety professional will teach you basic lessons in fire chemistry, hazardous materials, and fire suppression. You'll practice putting out small fires with a portable fire extinguisher.

### Emergency Medical Operations I & II

In these two courses, emergency service providers will teach you how to use basic first-aid to treat life threatening conditions. You'll learn triage principles and how to treat airway obstructions, bleeding, and burns.

### Light Search and Rescue

This course will teach you how to lead safe search and rescue missions. You'll learn how to search for victims and safely remove victims from a disaster scene.

### CERT Organization

This course will show you how to maintain your CERT and document your team's neighborhood response activities.

### Disaster Psychology

This course overviews the psychological impact of a disaster on rescuers and victims. You will learn how to provide "psychological first-aid" to support team members and victims without over stressing yourself.

### Personal Safety and Property Protection

This course will teach you how to identify and handle personal safety threats when responding to a disaster. This course will also give you useful recommendations for staying safe and healthy when recovering from a disaster.

### Animal Care and Protection

This course will teach you how to make a disaster plan for your pets and how to provide basic first aid to injured animals. You will also learn safety precautions to take in an encounter with a wild animal.

Sponsored by the Orange County Health Department and Orange County Emergency Management

Call 919-245-2388 or visit [www.co.orange.nc.us/health](http://www.co.orange.nc.us/health) for more information.

**All Training  
is FREE!**

# CERT Training Calendar —Summer '07

Orange County CERT teaches community members how to provide basic emergency response after a disaster. If you live or work in Orange County, you can start a CERT to meet critical needs in your neighborhood or workplace after a disaster. To form a CERT find 4 or more people and register for our 5-week training program. Individuals can also register!

## Weekend Schedule

Week	Date	Unit	Time
1	6/23/2007	Emergency Preparedness	9AM-3PM
		Fire Safety	
2	6/30/2007	Disaster Medical Operations I	9AM-3PM
		Disaster Medical Operations II	
3	7/7/2007	Light Search and Rescue	9AM-3PM
		CERT Team Organization	
4	7/14/2007	Disaster Psychology	9AM-3PM
		Personal Safety and Property Protection	
5	7/21/2007	Animal Care and Protection	9AM-3PM
		Course Review and Exercise	

*Weekend training is held on Saturday.*

**Class location:** Southern Human Services Center, 2501 Homestead Rd., Chapel Hill

**Registration deadline:** Wednesday, June 20th

**Maximum class size:** 15 people.

## Weekday Schedule

Week	Date	Unit	Time
1	7/9/2007	Emergency Preparedness	6PM-9PM
	7/11/2007	Fire Safety	
2	7/16/2007	Disaster Medical Operations I	6PM-9PM
	7/18/2007	Disaster Medical Operations II	
3	7/23/2007	Light Search and Rescue	6PM-9PM
	7/25/2007	CERT Team Organization	
4	7/30/2007	Disaster Psychology	6PM-9PM
	8/1/2007	Personal Safety and Property Protection	
5	8/6/2007	Animal Care and Protection	6PM-9PM
	8/8/2007	Course Review and Exercise	

*Weekday training is held on Monday and Wednesday.*

**Class location:** Carrboro Fire Department, 301 West Main Street, Carrboro, NC 27510

**Registration deadline:** Monday, July 2nd

**Maximum class size:** 15 people.

**Please Note:** Meeting locations are subject to change based on room availability. All participants will receive a confirmation letter with the official training address and directions prior to the course start date.

Join Orange County CERT ... Be ready when disaster strikes!



# Orange County Community Emergency Response Team

## Training Registration Form – Individual



Your information will be entered into the Orange County CERT Program Database and will not be shared with program partners or members without your consent.

### Contact Information

First Name:		Last Name:		Suffix:	
Address:		City:		State: <b>NC</b>	Zip:
Home Phone:		Cell Phone:		Work Phone:	
E-mail Address:				Pager:	
Community Name:			Team Name: (For group registration only. Must match name on group form.)		

### Emergency Contact

<b>Primary Contact:</b>			Relation:		
Address:		City:	State:	Zip:	
Phone:		Cell Phone:		Pager:	

<b>Alternate Contact:</b>			Relation:		
Address:		City:	State:	Zip:	
Phone:		Cell Phone:		Pager:	

### Personal Profile

Gender:		DOB:	Race / Ethnicity:		
Special Skills:			Languages Spoken Fluently:		
Profession / Job Title:			Place of Employment:		
Participation in the CERT training program will require heavy lifting, bending, prolonged sitting, and other strenuous activities. Please provide information about any special needs or restrictions you may have so that we can accommodate your needs as best as possible.					
Applicant Comments:					

### Participation Level (Please Select One)

<input type="checkbox"/> CERT Member (Completes training program and deploys with community team) <input type="checkbox"/> CERT Support / Citizen Corps Council (Contributes to program planning initiatives) <input type="checkbox"/> CERT Member and CERT Support Team					
<b>Training Preference:</b> <input type="checkbox"/> Weekday <input type="checkbox"/> Weekend Training Start Date:		<b>Program Use Only</b> Group Assigned To: _____		Date Received: _____ Training Session: _____	

Return to: **Orange County CERT Program**  
 Attn: Candice Watkins-Robinson  
 300 W. Tryon Street, PO Box 8181  
 Hillsborough, NC 27278  
 Phone: 919-245-2388    Fax: 919-644-3380

**Orange County Community Emergency Response Team**  
 Training Registration Form – Group Face Sheet



The group contact person should complete this form and instruct team members to complete the individual registration form. Your group's information will be entered into the Orange County CERT Program Database and will not be shared with program partners or members without your consent.

**Contact Information**

Organization / Community Name:		Number of People in Your Community or Served by your Organization:	
Address:			
City:	State:	Zip:	
Phone:	E-mail:	Cell Phone:	
Web Site:		Anticipated # of CERT Members:	
Contact Person:		Phone (if different from above):	
Email (if different from above):		Fax Number:	
Does your facility have a training room or classroom? <input type="checkbox"/> YES <input type="checkbox"/> NO		Group Training Preference <input type="checkbox"/> Weekday <input type="checkbox"/> Weekend	
Please create a name for your CERT. <i>Team names should reflect the community that your unit will represent and must include the larger program name.          Example: Cedar Grove Community Emergency Response Team or Chapel Hill CERT.</i>			

**Organization / Community Description**

**Please check the label that best describes your group:**

- |  |  |
|--|--|
| <input type="checkbox"/> Business / Business Association | <input type="checkbox"/> Neighborhood Watch  |
| <input type="checkbox"/> Church                          | <input type="checkbox"/> School / University |
| <input type="checkbox"/> Civic Group                     | <input type="checkbox"/> Scout Organization  |
| <input type="checkbox"/> Homeowner's Association         | <input type="checkbox"/> Other: _____        |

<b>Please tell us about your community or organization</b>
--

<b>Please tell us why your group wants to form a CERT</b>
---

**Return to: Orange County CERT Program**  
 Attn: Candice Watkins-Robinson  
 300 W. Tryon Street, PO Box 8181  
 Hillsborough, NC 27278  
 Fax: 919-644-3380  
 Phone: 919-245-2388

<b>Program Use Only:</b>	
Date Received	
Group Assignment	
Training Session	